

OMÉKONGO DIBINGA

WE NEED to do MORE

BE PART of the SOLUTION

TAKE CONTROL of YOUR DESTINY

WHAT HAVE YOU CHOSEN?

DEVELOP YOURSELF ... DEVELOP YOUR HEALTH

BE UP STANDING

SURROUND YOURSELF WITH PEOPLE TO REPRESENT WHERE YOU WANT TO GO

THE RWANDA GENOCIDE OF the U.S.

DISTRUST

MISINFORMATION

BE the VOICE FOR the VOICELESS

I CARE ABOUT YOUR humanity NOT YOUR politics

HELP OTHERS realize THEIR POTENTIAL & POSSIBILITIES

DISCOVER YOUR WEALTH GROW YOUR GREATNESS

THERE IS ONLY ONE ME

... I WILL BE the BEST VERSION of ME

IS IT ABOUT YOU, or about something MORE?

- GIVE YOUR TIME
- RELEASE (LET IT GO, LET THEM GO)
- OVERCOME YOUR FEAR
- WIN

the CHOSEN FEW ARE the FEW WHO CHOOSE

"AS A BLACK MAN, I WAS PREDICTED TO DIE OR BE INCARCERATED"



"SUICIDAL in" 7th GRADE



GO OUT INTO YOUR COMMUNITIES

LISTEN FIRST ... LISTEN MORE

BUILDS a TEAM

SEEK to UNDERSTAND

PRACTICE GOOD HEALTH

LEADERS

MOST CHANGE COME FROM YOUNG PEOPLE

SILENCE IS COMPLIANCE

LEARN EVERYTHING and DO.

END the SILENCE

